

➤ **Pain Control:** *Tylenol, Ibuprofen, and Hyland's Arnica* are popular pain control medications; these agents may be used at the same time if needed. **Ibuprofen is far superior to Tylenol in duration, safety, and anti-inflammatory property.** **Purchase both infant Ibuprofen & Tylenol.**

- **Tylenol** has no **ANTI-INFLAMMATORY** property, but is much **EASIER ON STOMACH.**
- **Ibuprofen:** **infant Advil or infant Motrin** every 6 hours; *for first 12 hours minimum.*

After initial 12 hours you can stop, switch to Tylenol or stay with Ibuprofen: your choice: evaluate baby.

- **Hyland's Arnica Montana 30X** 1 tablet every 15 min. to 6hr. ; max: 4 tablets per day

**You may choose other infant homeopathic remedies as well but NOT NUMBING** teething gels.

It is entirely **UNPROFESSIONAL, UNETHICAL, and IRRESPONSIBLE** for a doctor to provide post-surgical advice for another doctor's patient.

*If you do not provide proper pain control & your baby seems comfortable it may be because they stopped using their tongue effectively to help lower the pain, which opposes our goals of increasing tongue movement, bettering function, lowering re-attachment.*

**SUMMARY:** if **IBUPROFEN** then give within 30 minutes of nursing, so stomach is coated w/milk; if baby has **kidney problems or dehydrated** consider Tylenol instead. **No more than 3 days please.**

**IBUPROFEN ? NUMBING ?**

0 to 3 months old: Usually NO

4 to 6 months old: Usually YES

WEIGHT	INFANT <b>IBUPROFEN</b>	INFANT <b>TYLENOL</b>
6LBS	0.7 ML	1.3 ML
7LBS	0.8 ML	1.5 ML
8LBS	0.9 ML	1.7 ML
9LBS	1 ML	1.9 ML
10LBS	1.1 ML	2 ML
11LBS	1.2 ML	2.3 ML
12LBS	1.4 ML	2.5 ML
13LBS	1.5 ML	2.7 ML
14LBS	1.6 ML	2.9 ML
15LBS	1.7 ML	3.2 ML
16LBS	1.8 ML	3.4 ML
17LBS	1.9 ML	3.6 ML
18LBS	2 ML	3.8 ML
19LBS	2.1 ML	4 ML
20LBS	2.3 ML	4.2 ML
21LBS	2.4 ML	4.4 ML
22LBS	2.5 ML	4.6 ML
23LBS	2.6 ML	4.8 ML
24LBS	2.7 ML	5 ML

**Health Unlimited has Arnica** is across **Walgreens has Ibuprofen:** 3382 Castro Valley Blvd. (shared parking)