

## INFANT FRENECTOMY CHECKLIST:

**CHECK MARK** on **LEFT** any symptoms you or baby have in relation to breastfeeding:

- Long breastfeeding times: how long ? \_\_\_\_\_
  - Frequent feeding: how many times per day ? \_\_\_\_\_
  - Unable to latch to the breast well
  - Falling asleep at the breast
  - Baby cannot open wide
  - The baby clamps or bites: how often? \_\_\_\_\_
  - Upper lip does not flare out (to help proper passive seal)
  - Lips have callus / blisters / cobble stone appearance (trying to actively seal)
  - Excessive gas: burp, wind, hiccoughs, reflux; medication: \_\_\_\_\_
  - Milk spilling out of mouth
  - Baby choking on the milk
  - Baby has difficulty sleeping and wakes frequently to feed
  - Failure to gain weight or slow weight gain : baby's weight \_\_\_\_\_
  - Reduced stool and urine output
  - Clicking/smacking/mouthy noise during feeding: how often? \_\_\_\_\_
  - Reduced elevation of the tongue: elevation quality? \_\_\_\_\_
  - Heart shaped tongue on elevation or extension
  - Finger sweep under the tongue reveals an obstruction (tie)
  - Hereditary: sibling or parent with history of  tongue tie,  lip tie
  - Breast milk production supply issues:  over supply,  reduced supply
  - Breast-nipple pain:  very high,  high,  medium,  low,  very low,  none
  - Breast-nipple damage:  compression,  cracking,  bleeding,  infection,  mastitis,  blocked duct
  - Breastfeed % \_\_\_\_\_, pumped breast milk % \_\_\_\_\_, formula % \_\_\_\_\_, donated milk % \_\_\_\_\_
- Other: \_\_\_\_\_

* OFFICE USE ONLY *	* OFFICE USE ONLY *	* OFFICE USE ONLY *
<p>Over all latch quality:</p> <ul style="list-style-type: none"> <li><input type="radio"/> 5/5 no problem</li> <li><input type="radio"/> 4/5 minor problem</li> <li><input type="radio"/> 3/5 serious problem</li> <li><input type="radio"/> 2/5 breast-nipple damage</li> <li><input type="radio"/> 1/5 supplementing/bottles/weight gain issues</li> <li><input type="radio"/> 0/5 baby cannot latch</li> </ul>	<div style="border: 1px solid black; padding: 2px; width: fit-content;">Immediate Post. Op.</div> <i>Pain:</i> / 5  <i>Latch:</i> / 5  @home ✓ list provided O  <div style="border: 1px solid black; padding: 2px; width: fit-content;">Discharge: _____</div>	

Doctor Notes: